Bubble Time ... 101 Things to Do

The ideal sort of things for Bubble Time are quiet one-to-one activities where you can chat. This Bubble Time 101 Things to Do list will give you loads of ideas to try.



- 1. Create a comic strip
- 2. Draw a landscape draw whatever you see out your window
- 3. Draw a still life use your favourite objects to create the scene
- 4. Design a tattoo make one for each other
- 5. Design a T-shirt or outfit you'd like to wear to a special occasion
- 6. Do a paired picture, take turns to draw a bit of your shared picture
- 7. Draw each others portrait and enjoy the results
- 8. Do scribble drawing where you adapt each others scribble and create a picture
- 9. Describe your ideal scene for the other person who then draws it for you
- 10. Draw a future you would love to share with the other person



- 11. Hav a snuggle up story together with your favourite book
- 12. Write a story in pictures for the other to guess
- 13. Tell a story together, taking turns to each say one sentence at a time
- 14. Read a story book together somewhere unusual
- 15. Sit back to back reading your own books
- 16. Write a fairy tale starring you both
- 17. Listen to an audio story together in a super comfortable set up
- 18. Tell well known stories with each other as the hero
- 19. Mime a story you both know challenge the other person to guess what it is
- 20. Use toys to retell a famous story or nursery rhyme





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- ings to Do
- 21. Share memories and stories about the past you have shared
- 22. Talk about your feelings this week when you were angry, sad or happy
- 23. Talk about how you feel about school or work
- 24. Talk about how you make each other feel
- 25. Talk about when you are happiest and content
- 26. Share ideas on how the world could be made a better place
- 27. Discuss something that happened in the news
- 28. Make a new ending for a well-known story and explain why you changed it
- 29. Look at your family tree and share stories of your family background
- 30. Share your biggest dreams, fears and hopes



- 32. Try potato printing
- 33. Reorganise the living room or a bedroom just for fun
- 34. Make a personalised snakes and ladders board and play it
- 35. Make paper aeroplanes write messages inside and aim them at a goal
- 36. Make fortune tellers create special messages inside for each other
- 37. Play the memory game see if you know what has been taken off the tray
- 38. Play noughts and crosses but don't get too competitive
- 39. Play hangman choose words or phrases to make the other laugh
- 40. Pick up an empty cereal box with your mouth and rip off a strip each time





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- 42. Use leaves to create a picture or piece of art
- 43. Collect stones and paint them as paper weights
- 44. Make a story stick tie on ribbon and string to remind you of each part of the story
- 45. Take some old pans and spoons outside and make mud food
- 46. Go for a walk to your favourite place and have a snack there
- 47. Go to a place outside you like and pretend you're in your favourite computer game
- 48. Find your favourite tree and sit under it have a conversation with it and say thanks
- 49. Go somewhere high, look far away, spread your arms like wings and imagine flying
- 50. Go for a walk and then make a map of where you've been



- 51. Do a yoga class together and share how you feel afterwards
- 52. Choose three songs each and create a disco at home
- 53. Play at mirroring each other's movements as precisely as possible
- 54. Play follow my leader round the house, over the beds, under the tables
- 55. Choose a tricky thing, like handstands, and help each other get better at it
- 56. Set up your own sports tournament and have fun competing
- 57. Try an online Tabata class together
- 58. Make an obstacle course (a safe one) and do it blindfold guided by the other
- 59. Play a game of keeping a balloon from touching the floor
- 60. Make a race track for toy cars and other items to drive down





Oressing Up & Make Believe

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- 61. Try to juggle rolled up socks or balls, starting with just two
- 62. Try keepy uppies with rolled up socks or a football
- 63. Practise dribbling around different items in the garden or outside
- 64. Create little goals with jumpers and practice scoring
- 65. Create a course of household items to roll a ball down
- 66. Get a ball and cup and work together to throw the ball into the cup
- 67. Balance a ball on a spoon and walk or follow an obstacle course
- 68. Set up things to knock down like skittles
- 69. Throw the ball to each other, each time saying a favourite thing you like
- 70. Set up a maze and blow a little ball through it



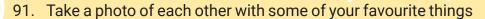
- 72. Choose what the other has to wear and have a treat together in your new outfits
- 73. Using your own clothes, try to dress up as a set person, animal or theme
- 74. Design a fantasy outfit for each other
- 75. Paint each others faces
- 76. Dress your toys up and host a tea party
- 77. Practise tricky situations like asking to play with someone
- 78. Create a puppet show together using soft toys or puppets you have made
- 79. Pretend to be each other, dress up, do and say things just like the other person
- 80. Make an imaginary business up together it can be as silly as you want





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- 82. Make truffles using digestives and cocoa
- 83. Make coconut ice with condensed milk, icing sugar and coconut
- 85. Play blindfold tasting games to try new foods or combinations
- 86. Make dragon soup and act out being witches and wizards
- 88. Hide a metal penny in a cake and grant a wish to whoever gets it
- 89. Decorate digestives with coloured icing



- 92. Make a video of a nursery rhyme, song or dance
- 93. Spend time taking a lovely or funny picture of each other
- 94. Take a photo of something in your house from a strange angle and the other has to guess what it is
- 95. Create a PowerPoint or video of your favourite holiday and give a lecture on it
- 96. Make the book of your life on the computer and print it out
- 97. Use the internet to research your family and create a family tree
- 98. Record each other a special message with a voice recorder
- 99. Make a song up together and record your own lyrics using computer software
- 100. Upload photos to a website and make a photo book

Most Importantly

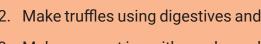
101. Make up some of your own activities!

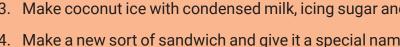
We hope you find the information on our website and resources useful. As far as possible, the contents of this resource are reflective of current professional research. However, please be aware that every child is different and information can quickly become out of date. The information given here is intended for general guidance purposes only and may not apply to your specific situation.



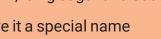


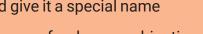














- 87. Create and drink a magic potion of juices with bits of fruit bobbing in it

- 90. Make soda bread with flour, yoghurt, milk and baking soda