

April 2024

Dear Parent/Carer

RE: PSHE and Relationships Education

When we come back from the Whitsun half term break, the children will be studying the Changing Me unit in their Jigsaw learning. Overleaf is an overview of the learning that will take place during this last half term. Please take the time to look over the learning intention and the vocabulary your child will be introduced to. Be prepared for questions or discussions your child might want to have with you at home. Teaching resources are available to view in school on the following dates: Friday 3rd May 2024 from 9am – 11.30am or Wednesday 8th May 2024 from 1pm – 3pm. Please book a time with the office staff.

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work. The younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Years 4, 5 and 6 lessons look more fully at puberty and human reproduction.

We encourage you to read our PSHE and Relationship Education policy, which is available on our website. https://www.chadsmeadacademy.co.uk/web/school_policies/328164. Here you will find information about Health, Relationships and Sex Education. At Chadsmead, puberty is taught as a statutory requirement of Health Education. We conclude that sex education refers to Human Reproduction, and therefore inform parents/carers of their right to request their child be withdrawn from the PSHE lessons that explicitly teach this:

- Year 4: Having a baby
- Year 5: Conception
- Year 6: Babies; conception to birth

Request for withdrawal from the non-statutory components of sex education, should be in writing. Please inform the school office who will provide you with a form to complete and book an appointment with myself. We hope you will agree with us that, this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

Yours sincerely



Mrs G Grainger - Headteacher